

## Book your lunch date with us!

We offer an extensive choice of platters for every occasion. Choose from lunch or breakfast with a wide range of freshly made sandwiches and choice of fillings or various breakfast roll options.

We are here to listen to your requirements and happy to serve your order directly to your doorstep.

**Open an account with us today**

**Email: [orders@thoroughbreads.com](mailto:orders@thoroughbreads.com)**

**Phone: 01223 420926**

All prices exclude VAT and are subject to change.

All dietary requirements can be catered for with notice.

Plates, cutlery and napkins (all environmentally friendly) can be provided at no extra cost on request.

A minimum of 24 hours notice when ordering is very much appreciated. Depending on demand we can offer short notice orders but please note a small charge will be added. (please ask at the time of your order)

Platter dishes and lids must be returned to Thoroughbreads so that no further cost is incurred. The driver will collect from point of delivery. A cost of £2 per tray will be charged for any not returned.



CAN'T SEE WHAT YOU ARE LOOKING FOR?  
DON'T DELAY AND CONTACT US  
TODAY TO DISCUSS ALL VARIOUS  
CATERING POSSIBILITIES.

Vegetarian  Vegan 



# THOROUGH BREADS KITCHEN

[orders@thoroughbreads.com](mailto:orders@thoroughbreads.com)

[www.thoroughbreads.com](http://www.thoroughbreads.com)

01223 420926

Established since 1999, Thoroughbreads began in a home kitchen belonging to owners Phil and Becky.

Since then the business has evolved. We have an excellent team of talented catering experts, use the best suppliers, receive repeat orders from many regular customers and continue delivering customer satisfaction.

We are proud to display our Elite Five Star hygiene rating that is achieved consistently year on year.

★★★★★  
HANDMADE  
FOOD

2 Orwell Furlong, Cowley Road, Cambridge, CB4 0WY

# BREAKFAST BUFFETS

## HOT BACON/ SAUSAGE ROLLS

£4.50 per head

Freshly baked white or brown knotted rolls, buttered and filled with hot sausage or bacon rashers. Accompanied by sachets of tomato and brown sauce. Foil wrapped and presented on platter trays. Delivered to you hot.

## FRENCH BREAKFAST

£6.95 per head

Freshly baked buttered and almond croissants with preserves. Selection of sweet Danish pastries. Seasonal and tropical fruit, cut up into bite sized pieces. Fresh orange or apple juice.

## NEW YORK BREAKFAST

£9.50 per head

Selection of buttered and almond croissants, pain au chocolat, and luxury bagels presented with savoury fillings. Tropical and seasonal fruit cut up into bite sized pieces. Fresh orange or apple juice.

## LIGHT BREAKFAST

£6.75 per head

Strawberry/cherry granola pots. Tropical and seasonal fruit cut up into bite sized pieces. Fresh orange or apple juice, or still or sparkling water.

## BREAKFAST WRAP

£6 per head

Sausage, bacon, scrambled egg and hash brown in a soft white tortilla, with a sauce of your choice.

## VEGGIE WRAP

£6 per head

Scrambled egg, mushroom, tomato and Swiss cheese in a soft white tortilla, with a sauce of your choice.



# LUNCH BUFFETS

**SANDWICH PLATTER** £6.25 per head  
Choose either thick granary, white or a selection of both. One and a half rounds per person arranged on platters with a mixture of our most popular fillings.

**BAGUETTE PLATTER** £6 per head  
A selection of white and granary baguettes, cut up and served on platter trays (one baguette per person).

**TORTILLA WRAP PLATTER** £5.50 per head  
Tortilla wraps arranged on platters with fillings of your choice.

**TORTILLA WRAP FILLINGS:**  
Chicken fajita with guacamole.  
Coronation chicken & mango chutney.  
Crayfish, rocket and mayonnaise.  
Hoi sin duck.

**MIX & MATCH PLATTER** £7.25 per head  
A selection of sandwiches, baguettes and wraps served on platter trays.



**BRIDGE ROLLS** £38  
An assortment of 15 rolls including:  
• 5 Cheddar cheese and Branston pickle.  
• 5 Roast beef, lettuce and creamy horseradish.  
• 5 Crayfish tails, rocket and mayonnaise.  
Serves 4-6 people (24 hours notice required).

**THOROUGHBREADS PLATTER ROULADE** £28  
24 mini tortilla wrap roulades including:  
• 6 Emmental, ham Branston pickle, fresh spinach and mayo.  
• 6 Houmous, falafel, sunblushed tomatoes, black olives and fresh rocket.  
• 6 Goats cheese, rocket and caramelized onion.  
• 6 Chicken Caesar.  
Serves 3-4 people.

**GLUTEN FREE SANDWICH BOX** £26  
A selection of half sandwiches including:  
• 4 Free range egg salad.  
• 4 Prawn in lemon mayonnaise with cucumber.  
Made with Genius gluten free brown bread.  
Serves 4-6 people (24 hours notice required).

**THOROUGHBREADS HALAL LUNCH BOX** £11 per head  
Freshly baked baguettes directly from our café served with salad, red onion and spicy breaded halal chicken.  
Halal chicken satay sticks (3 pieces).  
Cheese and chilli nuggets (3 pieces).  
Stuffed jalapeño peppers (3 pieces).  
Accompanied with sweet chilli jam dip.



# SALAD BOWLS

A SELECTION OF OUR SALAD BOWL  
FAVOURITES TO SERVE UP TO 5 PEOPLE

## ✓ VEGETARIAN £32.50

Feta salad.  
Grilled pepper and goat's cheese.  
Brie and grape.

## ✓ VEGAN £32.50

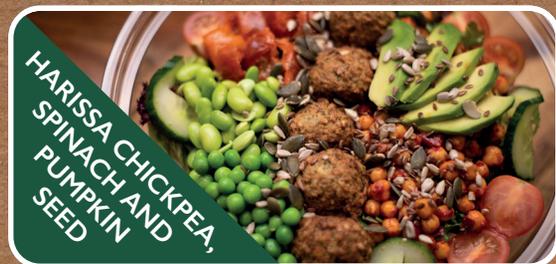
Harissa chickpea, spinach and pumpkin seed.  
Onion bhaji with Tahini dressing.  
Vegan Caesar salad.  
Sweet potato and quinoa salad.

## SEAFOOD £32.50

Crayfish, rocket and avocado salad.  
Tuna Nicoise.  
Tomato, salmon and prawn salad.  
Tuna and herbed fusilli pasta salad.  
Hot smoked salmon, green beans and potatoes.

## MEAT £32.50

Chicken Caesar salad.  
Parma ham and melon salad.  
Walnut, pear and crispy bacon salad.  
Spicy rice, jalapeños and chorizo salad.



DON'T SEE WHAT YOU ARE LOOKING FOR?  
ASK US AND WE WILL MAKE IT FOR YOU

# FRUIT PLATTER

## FRUIT PLATTER £3.75 per head

A selection of whole bananas, red and green apples, clementines and sliced seasonal fruit arranged on a platter.

## TROPICAL & SEASONAL FRUIT PLATTER £4.25 per head

Selection of tropical fruits (pineapple, melon and kiwi) together with seasonal fruits (strawberries, seedless red and green grapes, plums and peaches) cut into bite-sized pieces.

## FRUIT SKEWERS £4.25 per head

A fruit selection on wooden skewers.

## DIPPING SAUCES £2 per head

A little something naughty to accompany? Choose chocolate, honey or yoghurt.



# SAVOURIES

## BEST OF BRITISH PLATTER £4.50 per head

Traditional mini sized favourites to enjoy. Includes scotch eggs, sausage rolls, pastries, cheese rolls, meat and veg quiche and cocktail sausages.

## SAVOURY PLATTER £4.50 per head

Served hot or cold and includes:

- Meat samosas.
- Vegetable samosas.
- Hot 'n' Kickin' wings.
- Buffalo wings.
- Oriental king prawns.
- Mini duck rolls.
- Goats cheese and spinach parcels.
- Cheese and chilli nuggets.
- Cheese stuffed jalepeño peppers.

Accompanied by BBQ sauce and sweet chilli jam dips.

## QUICHE PLATTER £3.80 per head

A choice of 4 quiche fillings all cut into slices.

- Stilton and broccoli.
- Brie and sundried tomato.
- Quiche Lorraine.

2 slices per person.



## CHEESE AND BISCUITS PLATTER £4.25 per head

A selection of British and continental cheeses served with a selection of biscuits and crackers. Platter includes butter portions, branstion pickle, red onion marmalade, seedless grapes and fresh fig.

## CRUDITÉ PLATTER £3.60 per head

All your crudité favourites and a houmous dip. Includes celery, cucumber, carrot, red peppers, olives and sunblushed tomatoes. (Minimum 5 people)

## DELI BOARD PLATTER £8 per head

Gammon, ham, turkey, salami, brie, swiss emmental and mature cheddar served with butter portions, white and brown rolls, pickle and relish.

## SEAFOOD PLATTER £9.50 per head

Hot smoked salmon, crayfish, seafood sticks, cold smoked salmon served with a Marie Rose sauce on the side and fresh lemon wedges.



# HOT MENU

(minimum 12 people per meal)

We offer a variety of hot meals, delivered to your workplace.

Below is a selection of the meals available.

Please get in touch for any dietary alternatives.

## BEEF LASAGNE £8.50 per head

Beef mince and tomato sauce, layered between pasta sheets and topped with a creamy bechamel sauce. Add side salad for £1.50.



## BEEF STROGANOFF £12.50 per head

Slow cooked braised beef, sliced mushrooms and onions in a medium thick creamy sauce with parsley and basmati rice.



## CHILLI CON CARNE AND RICE £11 per head

Tender minced beef in a spicy tomato based sauce with capsicum, red kidney beans and basmati rice.

## COTTAGE PIE £10 per head

A rich minced beef sauce with carrot and onion, topped with fluffy mashed potato with a choice of steamed or roasted vegetables.



## HOG ROAST £10 per head

Succulent pork accompanied with stuffing, crackling and homemade apple sauce. Served with large white or granary rolls, side salad and sauces.

## JACKET POTATOES £8 per head

Freshly baked potatoes delivered to your workplace in individual boxes.

### JACKET POTATO FILLINGS:

- |                              |                                |
|------------------------------|--------------------------------|
| Cheese and bacon.            | Prawn mayonnaise.              |
| Cheese and beans.            | Sausage and beans.             |
| Cheese and coleslaw.         | Tuna mayonnaise and sweetcorn. |
| Chilli con carne and cheese. |                                |
| Ham and beans.               |                                |

CONTINUED >>



### LAMB SHANKS £18 per head

Slow cooked lamb shank in red wine and rosemary gravy with creamy mashed potato.

### LUXURY FISH PIE £16 per head

Hake, salmon, smoked haddock and king prawns in a creamy leek sauce, topped with mashed potato and Cheddar cheese with a side of steamed vegetables.

### MEATBALL PASTA £12 per head

Cooked pork, beef and herb meatballs with penne pasta in a tomato and basil sauce.

### SWEET & SOUR CHICKEN OR PORK £12 per head

A choice of diced chicken or pork with mixed peppers and onions, coated in an oriental style sweet and sour sauce with a hint of garlic and a side of basmati rice.

### SAUSAGE AND MASH £11 per head

(vegan and vegetarian alternatives available)

Premium British pork sausages with a creamy mashed potato.



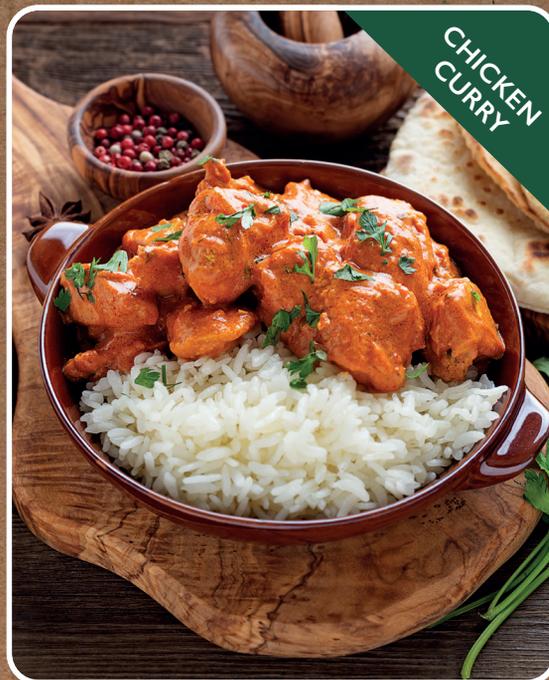
### CHICKEN/VEGGIE CURRY £11 per head

A chicken or vegetable curry served individually with basmati rice.

ADD £2.50 for plain or garlic naan bread.

ADD £3.50 for chicken tikka / vegetable samosas.

ADD £2.50 for poppadoms and dips.



### HOT TORTILLA WRAPS £6 per head

A selection of fillings and presented on platters.

#### TOASTED WRAP FILLINGS:

Chicken fajita and cheddar.

Houmous, falafel, black olives, sunblushed tomatoes and fresh rocket.

Spicy beef and mozzarella.

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## VEGETARIAN AND VEGAN

- ✓ BROCCOLI AND CREAM CHEESE BAKE** £9 per head  
Tender broccoli florets in a creamy cheese sauce, topped with sliced potato and cheese.
- ✓ CAJUN SPICED SWEET POTATO ROULADE** £12 per head  
Cajun sweet potato roulade, filled with vegan cream cheese, a sweet and spicy red pepper and red onion chutney.
- ✓ MAC N CHEESE** £10 per head  
Macaroni pasta in a creamy cheese sauce.
- ✓ MUSHROOM STROGANOFF** £12 per head  
Sliced mushrooms and onions in a medium thick creamy sauce with parsley with a side of basmati rice.
- ✓ SWEET POTATO, CHICKPEA AND SPINACH CURRY** £11 per head  
Cooked sweet potato in a mild curry sauce with spinach and a side of basmati rice.
- ✓ SMOKEY THREE BEAN CHILLI** £12 per head  
Red kidney, black turtle and cannellini beans in a smokey, spicy sauce with basmati rice.
- ✓ VEGAN LASAGNE** £10 per head  
Vegetables in a tomato based sauce, layered between vegan pasta sheets and topped with a herb infused crumb.

ALL HOT MEALS COME WITH A CHOICE OF EXTRA SIDES AT £2 PER HEAD: STEAMED VEGETABLES, STEAMED RICE, MASHED POTATO OR ROASTED VEGETABLES.



## HOT PANINIS £6.50 per head

Cut in half and presented on platters.

### PANINI FILLINGS:

- Bacon, brie and sunblushed tomatoes.
- Chicken, chorizo and emmental.
- Chicken, red onion, red peppers and chipotle ketchup.
- ✓** Goats cheese, red pepper and pesto.
- Chicken, sunblushed tomatoes and green pesto.
- Ham and emmental.
- Ham, gruyere & red onion marmalade.
- ✓** Mature cheddar and red onion.
- ✓** Halloumi, rocket & red pepper.
- Ham, mature cheddar and pineapple.
- Mozzarella, meatballs and salsa.
- ✓** Mozzarella, sunblushed tomatoes and green pesto.
- Mozzarella, prosciutto and red peppers.
- Salted beef, gherkin and emmental with mustard mayo.
- Smoked cheddar, bacon & tomato chutney.
- Honey chilli chicken, mozzarella and jalapeno peppers.
- Stilton, bacon and mango chutney.
- Tuna, mozzarella & red onion.
- ✓** Vegan cheese, red onion, jalapeno and spinach.

## HOT PASTRY SELECTION £4 per head

- ✓** Cheese and onion pasty.
- Cornish pasty.
- Large sausage roll.
- Steak slice.
- ✓** Vegan sausage roll.

Can be served individually or presented on platters.

# LUNCH BOXES

PERFECT FOR DELEGATES OR STAFF FOR EVENTS. PLEASE ASK FOR OUR SEPARATE LUNCH BOX MENU



## SUSHI

£40 FOR 24 PIECES

A selection of Salmon nigiri, salmon avocado rolls, red pepper, sesame topped veggie rolls and cucumber maki.

Supplied with chilli jam, wasabi and soy sauce (chopsticks included).



## HANDMADE ARTISAN PIZZA

WITH A CHOICE OF TOPPINGS

From £10 per head



(Please ask for our separate pizza menu)



# DESSERTS

## CAKE PLATTER £3.70 per head

A mouth watering choice of different cakes on a plate! Includes carrot cake, chocolate brownies, muffins, fresh cream cakes, lemon slices, coffee and walnut cake, flapjacks, lemon tarts, strawberry and white chocolate slices.

## CREAM CAKE PLATTER £4 per head

Handcrafted treats made with fresh cream. A delicious arrangement of chocolate eclairs, cream jam donuts, cream apple turnovers and fresh scones served with cream and jam.

*(24 hours notice required).*

## FRESH FRUIT TARTLETS £32

9 butter tartlets filled with a crème patissiere and selection of fresh fruit.

*Serves 9 people (24 hours notice required).*

## GRANOLA POTS £4.25 per head

Cherry, strawberry or honey and banana with Greek yoghurt and fruit granola.



# BEVERAGES/ SUNDRIES

## TEA & COFFEE POTS £4.50 per head

Tea and freshly brewed coffee in thermos pots, supplied with 200g of milk and brown and white sugar. Also includes 200g of Assorted Biscuits for £2 per 100g tin.



## CHILLED DRINKS

Bottled still water 1.5L	£3.50
Bottled sparkling water 1.5L	£3.50
Cartons of orange/apple juice 1L	£4
Cans of drink	£1.80
500ml Bottled drinks	£2.50
Copella apple juice 250ml	£2.80
Tropicana orange juice 250ml	£2.80

## CRISPS/SNACKS

Chocolate bars	£1.20
Walkers crisps	£1.30
Premium crisps	£1.80

